

2009 Support and Educational Meetings

All meetings are held at Aldersgate United Methodist Church, 2313 Concord Pike (Rt. 202) next to Fairfax Shopping Center Meetings begin at 7:15 p.m. All meetings (except the Seminar) are free; donations are requested to defray expenses. For information visit our website www.newdirectionsdelaware.org or call 302-286-1161 or 610-265-1594.

EDUCATIONAL MEETINGS

(4th Monday of each month, except December)

- April 27 ***Drew Sopirak Memorial Program: The Gallagher Family: NO MORE SECRETS—A FAMILY SPEAKS OUT ABOUT DEPRESSION, ANXIETY AND ATTEMPTED SUICIDE***
- May 25 *No Meeting (Memorial Day)*
- June 22 **DIAGNOSIS AND TREATMENT OF MAJOR DEPRESSIVE DISORDER**
Speakers: Michael N. Marcus, MD and Kathryn D. Poppiti, LPCMH
- July 27 **Annual Picnic and Barbeque, Brandywine Springs Park, 5:30 to Dusk.**
- August *No Meeting (Summer Break)*
- September 28 **DIAGNOSIS AND TREATMENT OF OBSESSIVE COMPULSIVE DISORDER (OCD)**
Speakers: Barbara Pope, MS, MSW, LCSW and Karen Charles, consumer
***Note—This meeting will be held at 1st Unitarian Church, 701 Halstead Road, Wilmington (6/10 mile north of Aldersgate off Concord Pike)**
- October 26 **DIAGNOSIS AND TREATMENT OF BIPOLAR AFFECTIVE DISORDER**
Speaker: Daniel B. Block, MD
- November 23 **ANNUAL AWARDS AND PERSONAL MEMBER STORIES**
- December 21 ***Catherine Adams Memorial Spirituality Program and Holiday Gathering***
Speaker: TBA

SUPPORT MEETINGS

(2nd and 3rd Monday of each month)

April 13 & 20; May 11 & 18; June 8 & 15; July 13 & 20; August 10 & 17; September 14 & 21; October 12 & 19; November 9 & 16; December 14

12 WEEK DEPRESSION AND BIPOLAR SEMINAR #33

Fall 2009 — watch our web site for updates